

Appendix 3 - summary of reasons for absence, rolling year Feb 2019 to Feb 2020

Absence Reason	Days Lost	% of Days Lost	Rank		Absence Reason	Days Lost	% of Days Lost	Rank
Psychological - stress, anxiety and depression	13607	24.78	1		* Psychological - stress, anxiety and depression	13607	24.78	1
Virus (inc colds, coughs and influenza)	6766	12.32	2		* Psychological - stress, anxiety and depression (Work Related)	896	1.63	14
Gastrointestinal (inc stomach and bowel)	5773	10.51	3		Total	14503	26.41	
Musculoskeletal (Lower limb)	4269	7.78	4					
Neurology/Nervous system (inc headache, migraine and epilepsy)	3968	7.23	5		* Musculoskeletal (Lower limb)	4269	7.78	4
Cancer and tumours	3635	6.62	6		* Musculoskeletal (Upper limb)	2202	4.01	8
Musculoskeletal (back and neck)	2866	5.22	7		* Musculoskeletal (back and neck)	2866	5.22	7
Musculoskeletal (Upper limb)	2202	4.01	8		Total	9337	17.00	
Respiratory Problems (inc chest and asthma)	1852	3.37	9					
Ear/nose/throat (inc dental)	1727	3.14	10		Total Stress + musculoskeletal + virus %	30606	55.74	
Heart Disorders	1456	2.65	11					
Gynaecological (inc Reproduction organ disorders)	1401	2.55	12					
Genitourinary (inc Kidney and Bladder)	937	1.71	13					
Psychological - stress, anxiety and depression (work related)	896	1.63	14					
Family Bereavement	753	1.37	15					
Pregnancy related disorders	689	1.26	16					
Skin Disorders (inc burns)	487	0.89	17					
Eye problems	362	0.66	18					
Blood Disorders	310	0.56	19					
Infectious Disease (inc Chicken pox, measles etc)	294	0.53	20					
Endocrine/Hormonal (inc Diabetes)	240	0.44	21					
External Sickness	113	0.21	22					
Third Party Accident	98	0.18	23					
Substance misuse (inc alcohol and drugs)	91	0.17	24					
Accident	76	0.14	25					
External Use Only	43	0.08	26					
<b>Grand Total</b>	<b>54912</b>							